

South: Icefield Hikes



8. Wilcox Pass

Hard - 4.5 km (1.5-2 hours)

Located a few minutes south of the Columbia Icefields, the Wilcox Pass Trail is a steep climb to a cliff edge that overlooks the Icefields Parkway and the Athabasca Glacier in all of their glory.



9. Parker Ridge

Hard - 5 km

including return (2 hours)

A must-do hike in the Icefields area! Experience a 250m elevation with a series of switchbacks and spectacular views of surrounding glaciers and mountain ridges. About an hour in is when you have incredible views of the Saskatchewan Glacier, Clemenceau, and Chaba Icefields (West) that combine with the Icefields and offer a world-class 180° view.

10. Athabasca Glacier

Moderate - 2 km (20-30 minutes)

THIS is most accessible glacier in North America! You can drive up the steep trail, which meets the base of the glacier. A guided hike with is HIGHLY recommended, as there are many crevasses (gaps in the ice) that are in this area and can be extremely dangerous.

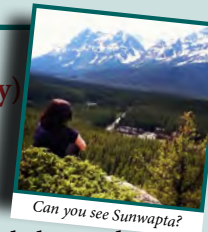
Sunwapta Area



11. Sunwapta Bluff

Moderate/Hard - 1.5km (20-30 minutes one way)

Up for an incredible view of the valley, right near the comfort of your own room? Begin at the Totem Poles in Sunwapta's parking lot, cross the highway, and find a footbridge that begins the hike to the Sunwapta Bluff. This is a windy, ascending trail that is straight up for the last 3/4 of the hike. Worth the work though!



13. Lower Falls

Easy - 2km (20-30 minutes one way)

Easily reached by following the fence line (turn right before crossing the bridge) and turns into a trail. After about 20 minutes, the trail opens up to relaxing views of more stunning waterfalls.

12. Sunwapta Falls

Easy - 1 km (15 minutes one way)

From the resort, follow the Sunwapta Falls road. This turns off of Highway 93. Follow for 1km, until you come to a round about. Up close, incredible sights of the falls are only a couple minutes away!



14. Big Bend

Moderate - 6km (1 hour one way)

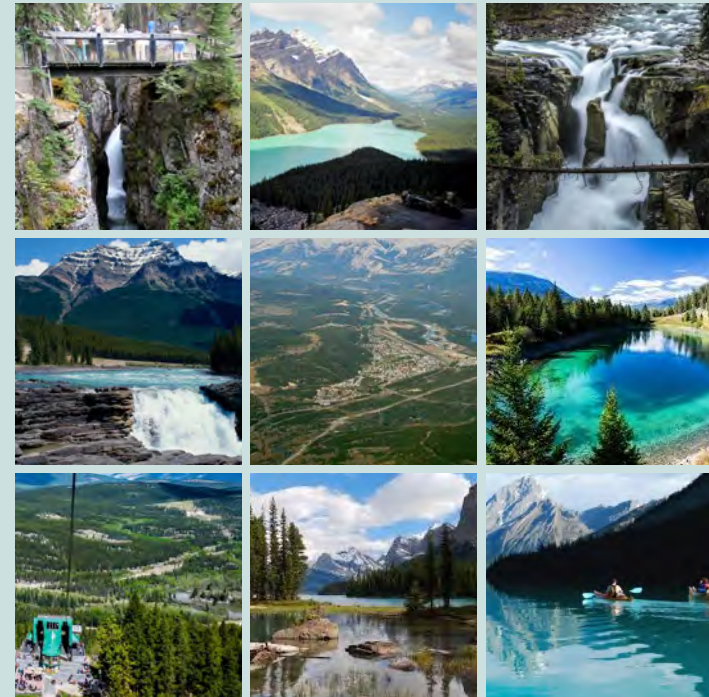
From the Falls, cross the viewing bridge and continue along the trail through the bush. The Big Bend offers a small campsite accompanied by an amazing view of the Rocky Mountains.



LOCAL HIKING TRAILS



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53 km South of Jasper

North of Sunwapta (towards Jasper)

1. Buck, Osprey and Honeymoon Lakes

Easy - 1.5 km (15-20 minutes one way)

The Buck and Osprey lakes are nearby and accessible from a parking lot located 1km north of Sunwapta, and are created from the glacial runoff from the mountains above. Don't miss Honeymoon Lake too, just a few extra minutes down the road!

2. Valley of the Five Lakes

Moderate - 4.6 km loop (45-60 minutes)

Located about 11km south of Jasper, enjoy the chance to see 5 lakes all within a short distance from each other. (Pro Tip: the 4th Lake is one of the most stunning with its deep greens and blues and is a perfect stop for a picnic.)

3. Horseshoe Lake

Easy - 1 km loop (15-20 minutes)

This lake is approximately 25km south of Jasper on Highway 93. This amazing deep blue and emerald green lake is popular for such activities as scuba diving, fishing, swimming, kayaking and cliff jumping... so pack your swimsuits for this stop!

4. Old Fort Point

Hard - 2 km (20-30 minutes one way)

Minutes from downtown Jasper! Follow Hazel Ave south (over the train tracks). You will soon be prompted to turn left at a sign directing you to Old Fort Point. After crossing a bridge over the Athabasca River you will see a parking lot. Lots of uphill and stairs, but you'll have an incredible view of Jasper and its surrounding townscape at the end.

South of Sunwapta (towards Banff)

5. Jonas Creek Hike

2 km one way - Hard

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6. Beauty Creek & Stanley Falls

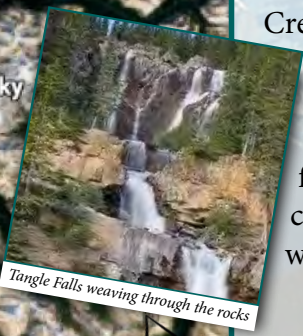
Moderate - 1.6 km to Falls (30 mins one-way)

15km north of the Columbia Icefields is a small parking area posted with a hiker. After crossing a drainage dyke adjacent to the Icefields Parkway, the Stanley Falls/ Beauty Creek Trail passes through a narrow section of the forest. Turn south (right) onto the old roadbed. At the mouth of Beauty Creek, a rough track veers east (left) and follows the rim of the picturesque canyon, containing a series of eight, magnificent waterfalls.

7. Tangle Falls

Easy/ Moderate - 1 km one way (15 minutes)

One of the few waterfalls along the Parkway that is easily accessible literally right of the road, these stunning falls cascade over the rocky cliff faces, and give you an opportunity to explore the Upper Tangle Falls, or downstream at the more secluded Lower Falls. There are areas that can be steep and slippery - so watch your footing!



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on the next page...